

October 20th Communicator

Medford Rogue Rotary: Chartered April 20, 1977

President Larry Hildebrandt

Past President Host: Claudette Moore

Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

NO MEETING OCTOBER 20th

Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on upstairs level

Time: 12:10 pm

OR

Zoom for those Rotarians who are unable to make the meeting the zoom link will open at 12:00

Zoom meeting link: Click Here For Meeting Link

Involved Rotarians

Inspirational Moment: Sergeant at Arms: Greeters: Paul Christy Attendance: Steve Dickson Technology: John VanSickle

In Person Meeting RSVP Instructions

Lunch reservations are no longer required for attending in person meetings at the country club • just come.

This Week's Speaker: No Meeting October 20thOctober 27th:

Speaker: Dan Hilderbrandt, Delta Airlines Pilot **Topic:** A week in the life of an International pilot

November 3Speaker: Mark Wisnovsky

Topic: The State of Cannabis -- Over the "giggle factor."

November 10

Speaker: Elizabeth Cruft Anderson, planned giving officer for our district

Topic: Rotary Foundation Month

November 17th and 24th No Meetings

New Member Applicants and Sponsor Responsibilities:

The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new member so sponsor will now be responsible for that role. Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new member to our club.

President s Message:

At the October 27th meeting, we will be inducting new members. Please give them a warm welcome and help them become engaged members.

Keep up your good work in nominating new members. Our strategic plan recommends that we focus on diversity of ages and occupations � let�s do it!

Board of Directors News: Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda items please contact President Larry. The meetings are open to all club members contact Debbie for the meeting link

Nominations for Club Directors

Elections for club leadership is coming up in December and we are now taking nominations for club directors. If you have a club member you think would be a great officer, please contact Ian Foster at plannerfoster@gmail.com. You can also nominate yourself.

The nominating committee will take the list, then interview each person to gauge their interest. From there, they will put together a slate of officers. There will also be an opportunity for members to nominate from the floor during an upcoming meeting. The final candidates will be on the ballot in December for consideration by the entire club.

Health Topic: "Flu Shot" Recommendations for the 2021-2022 Flu Season- by Dr. Bud Bergstrom Football, trees turning color, soon the first frost - yup, it's "flu shot" time again. As in the past, the flu shot is strongly recommended for all persons 6 months of age & older. It is definitely your best chance of avoiding the flu, & certainly preferable to contracting it & then trying to get on the recommended medication in time, & hoping it will be effective. Each year nearly 35,000 persons in the U.S. die of the flu (about 5 yrs. ago, over 80,000 did so). While it is true the vaccine has only been approximately 40% effective in preventing the flu in recent years, vaccinated persons who did contract it, tended to have a much milder illness.

As was the case last flu season, there is definitely the possibility of contracting the flu & Covid simultaneously. Everyone who becomes ill with the flu is very ill for at least a few days (no one has just " a touch of the flu"). For reasons not well understood, the severity of Covid varies from some persons having no symptoms of illness, to persons so ill they succumb to the illness. The combination is surely best avoided. Please get your flu shot as soon as possible.

Good health to all.

Fellowship Events: Celebrate World Polio Day 10/24

by raising a Pint for Polio at Walkabout Brewery. 2-6 p.m. Food truck available. Buddy Paprock Band from 3-5 p.m.

Save the Date

Holiday Party and Cheesecake bites!!! 12/8 at Centennial Golf Course 5:30 p.m.

Dry rubbed, pit roasted tri tip with creamy horseradish sauce, roasted red potatoes, caesar salad, chef's choice vegetables, rolls and butter. No host bar. Entertainment. \$50 per person. RSVP to Claudette Moore cmoore4re@aol.com.
